

# Freshers' flu or Carbon Monoxide (CO) poisoning?



The most common symptoms of carbon monoxide poisoning are dizziness, headaches, lethargy, nausea, vomiting and loss of concentration. Breathing in high levels of carbon monoxide can cause loss of consciousness and death in a matter of minutes.

CO poisoning can be misdiagnosed unless the cause is very obvious, so check your appliances, whatever fuel is used, to ensure they are burning properly.

Become CO aware today – it may save your life tonight!

CO-Awareness supports victims, their families and friends poisoned by Carbon Monoxide (CO) while trying to raise awareness among health professionals and the general public, of the dangers of CO.

Telephone Lynn on 0771 589 9296  
Email: [LynnCoAwareness@aol.com](mailto:LynnCoAwareness@aol.com)

REGISTERED CHARITY NO. 1125755

*Trust in us to help you understand the effects of Carbon Monoxide (CO) and other toxic products of combustion  
CO is the chemical formula for carbon monoxide*

**CO-Awareness Week starts on the third Monday in November**



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CO-Awareness Week starts Monday 19 November 2012 [www.COvictim.org](http://www.COvictim.org)

